

# Provinciale kampioenschappen Midwest Ib 2023-2024

Tijden gezwommen tussen 01-01-2023 en 01-05-2024

	jongens junioren 1-2 L limiet		jongens junioren 3-4 K limiet		jongens jeugd 1-2 J limiet		heren senioren H limiet	
Lange Baan	50 m. tijd	25 m tijd	50 m tijd	25 m tijd	50 m tijd	25 m tijd	50 m tijd	25 m tijd
50 m Vrije slag	00:37,83	00:36,66	00:32,72	00:31,70	00:30,44	00:29,49	00:27,23	00:26,38
100 m Vrije slag	01:19,99	01:16,63	01:11,65	01:08,64	01:06,66	01:03,86	00:59,37	00:56,88
200 m Vrije Slag	02:55,29	02:50,77	02:37,02	02:32,97	02:26,08	02:22,31	02:10,72	02:07,35
400 m Vrije Slag	06:13,15	05:59,89	05:34,31	05:22,43	05:10,21	04:59,19	04:37,35	04:27,49
1500 m Vrije Slag	24:55,10	24:15,58	22:19,45	21:44,05	20:52,91	20:10,06	18:36,32	18:06,82
50 m rugslag	00:41,81	00:38,65	00:37,22	00:34,40	00:34,55	00:31,93	00:31,67	00:29,27
100 m rugslag	01:28,95	01:23,78	01:19,17	01:14,57	01:13,49	01:09,22	01:07,92	01:03,97
200 m rugslag	03:14,40	03:03,48	02:53,04	02:43,31	02:40,63	02:31,60	02:26,49	02:18,25
50 m schoolslag	00:46,44	00:44,38	00:41,33	00:39,50	00:38,14	00:36,45	00:34,72	00:33,18
100 m schoolslag	01:41,37	01:37,33	01:30,23	01:26,63	01:23,25	01:19,93	01:16,17	01:13,13
200 m schoolslag	03:39,29	03:28,01	03:15,17	03:05,14	03:00,09	02:50,83	02:44,59	02:36,13
50 m vlinderslag	00:41,57	00:40,40	00:35,55	00:34,55	00:33,61	00:33,66	00:30,51	00:29,65
100 m vlinderslag	01:31,85	01:29,30	01:18,55	01:16,37	01:14,26	01:12,20	01:06,28	01:04,44
200 m vlinderslag	03:26,09	03:20,64	02:56,25	02:51,58	02:46,62	02:42,22	02:30,90	02:26,91
200 m wisselslag	03:17,86	03:10,27	02:56,33	02:49,57	02:43,41	02:37,05	02:28,30	02:22,62
400 m wisselslag	07:20,49	07:05,42	06:33,07	06:19,62	06:04,55	05:52,08	05:23,67	05:12,60

# Provinciale kampioenschappen Ib Midwest 2023-20224

Tijden gezwommen tussen 01-01-2023 en 01-05-2024

	meisjes junioren 1-2 K limiet		meisjes junioren 3-4 J limiet		meisjes jeugd 1-2 I limiet		dames senioren H limiet	
Lange Baan	50 m tijd	25 m tijd	50 m tijd	25 m tijd	50 m tijd	25 m tijd	50 m tijd	25 m tijd
50 m Vrije slag	00:39,29	00:38,48	00:35,57	00:34,84	00:33,23	00:32,54	00:30,19	00:29,57
100 m Vrije slag	01:24,13	01:22,26	01:16,17	01:14,58	01:11,15	01:09,56	01:05,60	01:04,14
200 m Vrije Slag	03:08,84	03:05,16	02:51,21	02:47,88	02:34,00	02:31,00	02:22,88	02:20,03
400 m Vrije Slag	06:26,49	06:20,25	05:45,53	05:39,95	05:25,04	05:19,80	05:01,74	04:56,87
800 m Vrije Slag	13:32,98	13:19,55	12:06,82	11:54,81	11:23,74	11:12,44	10:18,22	10:08,01
50 m rugslag	00:43,83	00:41,58	00:39,51	00:37,48	00:37,01	00:35,11	00:34,83	00:33,04
100 m rugslag	01:34,57	01:29,54	01:25,26	01:20,73	01:19,86	01:15,62	01:13,11	01:09,22
200 m rugslag	03:22,97	03:15,06	03:02,98	02:55,94	02:51,40	02:44,73	02:37,74	02:31,60
50 m schoolslag	00:48,22	00:47,11	00:43,39	00:42,39	00:41,16	00:40,21	00:38,44	00:37,55
100 m schoolslag	01:44,65	01:41,41	01:34,17	01:31,26	01:29,33	01:26,56	01:23,19	01:20,61
200 m schoolslag	03:45,73	03:38,36	03:23,12	03:16,49	03:12,67	03:06,39	03:00,38	02:54,50
50 m vlinderslag	00:42,05	00:41,96	00:37,16	00:37,09	00:34,84	00:34,77	00:32,19	00:32,13
100 m vlinderslag	01:36,83	01:35,04	01:25,71	01:24,12	01:20,46	01:18,97	01:14,87	01:13,49
200 m vlinderslag	03:35,04	03:31,16	03:10,34	03:06,90	02:58,68	02:55,46	02:45,50	02:42,51
200 m wisselslag	03:26,91	03:19,92	03:06,49	03:00,19	02:54,87	02:48,97	02:41,13	02:35,68
400 m wisselslag	07:34,17	07:18,99	06:49,90	06:36,20	06:24,94	06:12,18	06:00,71	05:48,66